



CaregIVR

1st Issue
June, 2024

Cardiovascular Health Promotion: the Impact of Immersive Virtual Reality



Empowering Caregivers, Enhancing Lives

The project CaregIVR, involving Portugal, Spain, Poland and Italy, aims to empower informal caregivers by increasing their literacy on cardiovascular disease and promoting the development of quality skills in the provision of care to post-stroke patients, through innovative strategies such as immersive virtual reality.

Navigating the World of Cardiovascular Care through Virtual Reality

During the month of March, a survey was carried out in order to better understand the conditions of informal carers. 120 questionnaires were completed, including a third of vulnerable groups such as Ukrainian refugees. The data acquired will be essential for comparative analysis and support activities throughout the project. In April, Promotion Sessions were conducted to present the project to its beneficiaries.



Promotion Sessions for Informal Caregivers



Co-funded by
the European Union



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Focus Groups

In June, several focus groups were organised to discuss and contribute to the design and development of the Interactive Voice Response (IVR) software and system. These sessions were held with the participation of informal carers, health professionals, professors and academic students. The discussions provided valuable insights that will guide the development of future digital tools.

Health Professional Testimonial



"Carers often can't keep up with their lifestyle...to be able to keep up with this person who often can't be alone, can't be alone for food, can't be alone for hygiene and all of this has a very heavy weight."

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Partners & Meetings

The partners Escola Superior de Saude Atlântica - EIA SA., SGH Warsaw School of Economics, Universidad de Huelva and Università degli Studi di Firenze met in Huelva in January 2024, to aligning goals and objectives. Besides this the partnership met in Warsaw in April 2024, focusing on the progress made so far and planning the next steps such as applying the knowledge acquired with the questionnaires.

Next Activities

- Website with Chat Room
September 2024
- Test IVR software with caregivers
April 2025
- E-book
June 2025

Coordinator:



Partners:



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OBJETIVOS DE DESARROLLO
SOSTENIBLE

SGH